Health Care and Nursing Experts and Extensive Cooperation

Helsinki Metropolia University of Applied Sciences
Degree Programme in Nursing: Registered Midwife
Bachelor of Health Care (Midwifery)

In youth education, it takes 4.5 years to complete the degree, covering 270 credit points. The training also gives the graduates nurse qualifications. As adult education, we offer 90–120 credit point studies lasting about 1.5–2 years for those who already have post-secondary level or UAS nursing qualifications.

Annually some 65 midwives graduate, having good knowledge and skills in sexual and reproductive health promotion and well equipped to engage in working life development.
Metropolia’s degree programme in midwifery offers excellent opportunities for taking a degree. The studies contain theory, self-directed learning and structured training in the right proportions. We emphasize lifelong learning and we offer opportunities for maintaining and upgrading your professional skills to keep up with working life requirements.

For our partners, this translates to not only skilful midwives but also new practical ideas and creative solutions and services that improve working life and the wellbeing of people in the Helsinki metropolitan area.

Midwifery training is involved in wide cooperation with healthcare organizations in the area. Our partners also include the Nursing Research Foundation and the Finnish Centre for Evidence-based Health Care: An Affiliated Centre of the Joanna Briggs Institute. This cooperation connects us to the global multi-professional network in order to promote evidence based health care nationally and globally.

The cooperation provides facilities and possibilities for our students and teachers to develop their evidence-based practice skills.

Read more: www.joannabriggs.edu.au

Innovative learning through learning environments

We utilize modern learning environments in our training that strengthen learning and teaching. Learning environments offer new solutions to our partners, as well as educational, development and research services.

We provide the following learning environments:

- drug management,
- health promotion,
- evidence-based practice,
- self-directed learning,
- simulation and
- digital learning environment.
Fruitful Cooperation for the Benefit of Your Organization

We believe in continuous development, training and implementation of the latest findings. Cooperation with the Metropolia’s Health Care and Nursing offers you a ring-side view of the field’s working life, the latest developments and international activities. Development, innovation and research cooperation gives healthcare organizations new information and know-how for development work and training.

We take part in nursing journal club which aims better use of the latest research findings and development of new health care practices. We are engaged in research and development to promote sexual health as part of health care basic services and professional training. We are participating in a Good Birth project to design and implement research with the objective of developing and evaluating the need for continual support for pregnant women. Our students have, for example, chosen topics for their final projects from the above projects.

Read more about journal club: www.metropolia.fi/en/journalclub.

When you want more information or start a development or research project with Metropolia’s Health Care and Nursing, do not hesitate to contact us: tehosta@metropolia.fi.
Cooperation around the World

The Faculty of Health Care and Nursing has cooperation agreements regarding student and teacher mobility with more than 60 institutions of higher education in Europe and around the world. These agreements are tailored for each degree programme. Our cooperation network with international health care organizations and universities covers all the continents. We send and receive exchange students, teachers and experts annually for longer or shorter periods.

For those who complete their degree fully in Finland, we offer opportunities for ‘internationalisation at home’, such as studies in foreign language, intensive courses and tutoring international students. In addition to these we organize an annual International Week.

Our degree programme is involved in the following international networks:

- **Consortium of Institutes of Higher Education in Health and Rehabilitation in Europe (COHEHRE)**
- **MaZaFi2: North-South-South -programme. Our faculty has coordinated the network since 2004. It consists of five institutions of higher education, three of them in Africa.**
- **DANOSFI Nordplus network**

We promote Erasmus programme with over ten European partners. We also have partners outside Europe in Africa, Canada, the United States, Chile, India, Japan, China, New Zealand and Vietnam. The students of midwifery can make good use of these alliances in the nursing phase of their studies. They have gone abroad especially to Africa, Austria and Belgium.
Dynamic and Flexible Export of Education and Competence

We are an experienced national provider of educational services and we also actively promote the export of education and competence. Our international network covers all continents. Our offering of degree programmes within health care and nursing is the broadest in Finland. Therefore, we have the capacity to respond to diverse client needs. Our business and corporate services comprise a versatile selection of further education courses, tailored training for enterprises and organizations, consultation services, and development, innovation and research services.

Our experts are highly experienced in the production of educational services. They are committed and eager to develop their discipline and education within it in collaboration with national and international partners. Our experts are proficient in foreign languages. In addition, they are used to working in multicultural communities and with learners from diverse cultural and language backgrounds.

We always negotiate with the clients or the experts representing them to ensure the best possible outcome for the client and applicability of the service to local circumstances. Our goal is to offer educational services that are based on the clients’ needs and bring added value to them.

Should you be interested in the export of education and competence of the Faculty of Health Care and Nursing at Metropolia, please, contact Marianne Pitkäjärvi, marianne.pitkajarvi@metropolia.fi, tel. +358 50 362 4306.
We offer companies and health care and social services organizations:

- Best experts in a variety of health care and nursing positions
- Help in the continuous development of personnel expertise and skills
- New solutions for working life with development and research coordination
- Modern learning environments that serve as educational, research and development and service centres
- Opportunities for international information exchange and networking

Metropolia’s Health Care and Nursing premises are located at Tukholmankatu on the Meilahti campus, where emergency care, midwifery, public health and nursing undergraduates pursue their studies.
Helsinki Metropolia University of Applied Science
Degree Programme in Midwifery

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